

GYMNASTICS UNLIMITED RULES AND POLICY

1. Gum chewing is not allowed in the gym or during class.
2. No food or drink allowed in the gym.
3. Students are not allowed on equipment unsupervised. Students are to remain in the designated waiting / cubby area until the coach comes to check in students for class
4. Please do not wear jewelry, or any hair accessory (other than an elastic to hold back shoulder length hair), during class time. Items are to be kept in each child's cubby.
5. Remember to use the bathroom before class. We discourage (unless necessary), using the facilities during class. Traveling back and forth through the equipment and classmates can pose a hazard.
6. Parents and siblings, for safety reasons, are to remain in the designated waiting and cubby area.
7. During class observation, please make arrangements for siblings. It is difficult for them to stay still while watching. They can accidentally injure themselves. There is various equipment, cables, and trampoline that are in close range of the observation area. Please do not let your child stand on any of the cubbies. Having a sibling observe poses a safety hazard by being distracting to the students and instructors while class is being conducted.
8. Be prompt!! Classes do start on time.
9. Parents: if you are required to approach or participate with your child during class, please be aware of the set-up. The various pieces of equipment make it difficult while walking. Watch your step.
10. All students must be dressed appropriately.

Girl: one-piece leotard, socks or gymnastics shoes, bicycle shorts are optional. No jewelry or loose clothing

Boys: warm-up pants / shorts, t-shirt and socks

Thank you for your cooperation. It is for the safety of all the children and yourselves that we implement the above.